



AUGUST 2016



CROSS COUNTRY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10 First Day of School	11	12	13
14	15 Cross Country Meeting @ 2:20 in room 225	16 Cross Country Meeting @ 7:20 in room 225	17	18	19	20
21	22 Practice 2:30 to 3:45	23 Practice 2:30 to 3:45	24 Practice 2:30 to 3:45	25	26	27
28	29 Practice 2:30 to 3:45	30 Practice 2:30 to 3:45	31 Practice 2:30 to 3:45			



SEPTEMBER 2016



CROSS COUNTRY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 NO SCHOOL	6 Practice 2:30 to 3:45	7 Preseason Meet @ Trafalgar 5:30	8	9 Optional Practice 2:30 to 3:30	10 <i>Ft. Myers Optimist</i>
11	12 NORTH FT. MYERS 5:15	13 Practice 2:30 to 3:45	14 <i>Caloosa</i> 5:15	15	16 Optional Practice 2:30 to 3:30	17
18	19 Practice 2:30 to 3:45	20 MARINER 5:15	21 Practice 2:30 to 3:45	22	23 Optional Practice 2:30 to 3:30	24
25	26 <i>Diplomat</i> 5:15	27 Practice 2:30 to 3:45	28 Practice 2:30 to 3:45	29	30 Optional Practice 2:30 to 3:30	



OCTOBER 2016



CROSS COUNTRY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 NO SCHOOL	4 Practice 2:30 to 3:45	5 Regional Meet @ Trafalgar 5:30	6	7	8
9	10 Practice 2:30 to 3:45	11 Practice 2:30 to 3:45	12 Practice 2:30 to 3:45	13	14 Optional Practice 2:30 to 3:30	15
16	17 NO SCHOOL	18 Practice 2:30 to 3:45	19 Finals Meet @ Estero 5:45	20	21	22
23	24	25	26	27	28	29 FLYRA State Meet @ Lakeland 8:30 am
30	31					